



OciBest[®]

Supports Stress Management Naturally



OciBest[®] is a clinically tested standardized herbal composition derived from *Ocimum tenuiflorum*, and is phytochemically standardized to ociglycoside-I (>0.1% w/w), rosmarinic acid (>0.2% w/w) and triterpene acids (>2.5% w/w). OciBest[®] is developed to support stress management.

Why choose OciBest[®]?

Clinically tested to support stress management



Standardized to ociglycoside-I (>0.1% w/w), rosmarinic acid (>0.2% w/w) and triterpene acids (>2.5% w/w)

Organic grade available



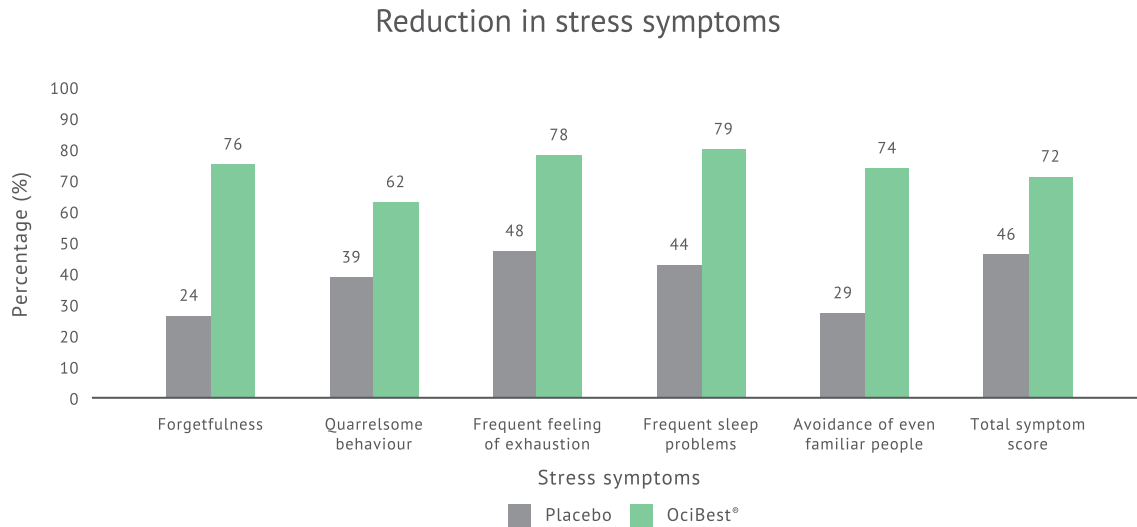
Non - GMO project verified certified

Sustainable supply chain



OciBest® reduces stress symptoms

Evidence from a randomized double blind placebo controlled trial¹



OciBest® is significantly effective in reducing the following stress symptoms

- Forgetfulness
- Frequent feeling of exhaustion
- Frequent sleep problems

OciBest® resulted in a 72% reduction in overall stress symptoms

Mechanisms of action of OciBest®

OciBest® helps manage stress possibly by the following mechanisms

- Inhibits cortisol release (Cortisol is a stress hormone)
- Acts against CRHR1 receptor (This receptor is involved in events leading to stress)
- Inhibits 11 β -hydroxysteroid dehydrogenase type 1 (11 β -HSD1 activates stress hormone)
- Inhibits catechol-O-methyltransferase (COMT decreases dopamine and norepinephrine levels, which are physiological tools to combat stress)

OciBest®: Recommended dose & Use

Adults: 1200 mg per day

Use: Supports stress management naturally

1. Saxena RC, Singh R, Kumar P, Negi MP, Saxena VS, Geetharani P, Allan JJ, Venkateshwarlu K. Efficacy of an extract of *Ocimum tenuiflorum* (OciBest®) in the management of general stress: a double-blind, placebo-controlled study. Evidence-Based Complementary and Alternative Medicine 2012, 2012: 894509.

WANT TO KNOW MORE?

Natural Remedies Pvt Ltd.

✉ hhp@naturalremedy.com | 🌐 www.naturalremedy.com



Disclaimer: This is a business to business communication material and the statements used here have not been evaluated by any regulatory authorities. The ingredients mentioned here are not intended to diagnose, treat, cure or prevent any disease.